FITNESS R	REPORT & COUNSEL	LING R	RECORD (E7 - (U6)	I	RCS BUPERS 1610-	1
1. Name (Last, Fire	st MI Suffix)			3. Desig		4. SSN	
5. ACT TAR	INACT AT/ADSW/265 6. UIC	7. Ship/S			8. Promot	ion Status 9. Date	e Reported
Occasion for Report	Detachment Detach		7 – – 1.	eriod of Report		45 -	
10. Periodic 16. Not Observed	11. of Individual 12. Reporti	ng Senior L		4. From: 0. Physical Re	adiness	15. To: 21. Billet Subcate	gory (if any)
Report	17. Regular 18. Co	ncurrent _	19. Ops Cdr				, (,,
22. Reporting Senio	or (Last, FI MI) 23. Grade	24. Desig	25. Title	26.	. UIC	27. SSN	
28. Command employ	ment and command achievements.						
							5 - - - - - - - - -
29. Primary/Collateral	/Watchstanding duties. (Enter primary duty	abbreviation	in box.)				
			•			•	
						•	
For Mid-term Counseling enter 30 and 31 from co	ng Use. (When completing FTTREP 30. bunseling worksheet sign 32.)	Date Couns	eled 31. Counselor		32. Signatu	re of Individual Co	unseled
PERFORMANCE T	RAITS: 1.0 - Below standards/not pro	gressing or	UNSAT in any one standard; 2	.0 - Does not y	et meet all 3.	0 standards; 3.0 -	Meets all 3.0
PERFORMANCE	eeds most 3.0 standards; 5.0 - Meets	overall crite 2.0	ria and most of the specific stand	dards for 5.0.		e not all inclusive. 5.0*	
TRAITS	Below Standards	Pro- gressing	Meets Standards	Abo	ove	5.04 Greatly Exceeds Sta	andards
33. PROFESSIONAL	- Lacks basic professional knowledg	e -	- Has thorough professional know		- Reco	gnized expert, sought	after to solve
EXPERTISE: Professional	to perform effectively Cannot apply basic skills.	-	- Competently performs both rout	ne and		ult problems. ptionally skilled, deve	lons and
knowledge, proficiency, and		1.	new tasks Steadily improves skills, achieve		exect	ites innovative ideas. eves early/highly adva	
qualifications.	- Fails to develop professionally or achieve timely qualifications.		qualifications.	· unusy		fications.	ncea
NOB							
34. EQUAL	- Displays personal bias or engages in harassment.		- Always treats others with fairnes respect.	and -	- Adm	ired for fairness and h	uman respect.
OPPORTUNITY:	- Tolerates bias, unfairness or harassment		- Does not condone bias or harassi	ment in -		res a climate of fairner	s and respect
Fairness, respect for human worth.	in subordinates Lacks respect for EO objectives.	-	or outside of workplace Supports Navy EO objectives.	.		uman worth. ective EO leader, achie	ves concrete
·	- Interferes with order and discipline by	-	- Contributes to unit cohesiveness	and .	EOo	bjectives. er and model contribu	
NOB	disregarding rights of others.		morale.			iveness and morale.	mı m mm
35.	Consistently synasticfactors		Franks				
MILITARY	Consistently unsatisfactory appearance. Unsatisfactory demeanor or conduct.	:	Excellent personal appearance.Excellent demeanor or conduct.	:	- Exen	iplary personal appear iplary representative o	f Navy.
BEARING/ CHARACTER:	- Unable to meet one or more physical readiness standards.		 Complies with physical readiness program, within all standards. 	-	- Excel	lent or outstanding PE ysical readiness.	T. A leader
Appearance, conduct, physical fitness,	- Fails to live up to one or more Navy Core Values: HONOR, COURAGE,	-	- Always lives up to Navy Core Vi HONOR, COURAGE, COMMIT		- Exem	plifics Navy Core Val	
adherence to Navy	COMMITMENT.		MONOR, COURAGE, COMMIT	MENI.	HON	OR, COURAGE, CO	MMIIMENT.
Core Values. NOB					- -		
36.	- Creates conflict, unwilling to work	-	- Reinforces others' efforts, meets	personal -	- Team	builder, inspires coop	peration and
TEAMWORK: Contributions towards	with others, puts self above team Fails to understand team goals or		commitments to team. - Understands team goals, employs	rood -	progr		
team building and team results.	teamwork techniques.		teamwork techniques.		techn	ques for team.	
s vould.	- Does not take direction well.		- Accepts and offers team direction		- The t	est at accepting and of ion.	ffering team
NOB				_			
37.	- Lacks initiative.	- -	- Takes initiative to meet goals.		- Devel	ops innovative ways to	accomplish
MISSION ACCOMPLISHMENT	- Unable to plan or prioritize.	.	- Plans/prioritizes effectively.	.	missio		- :
AND INITIATIVE: Taking initiative,	- Does not maintain readiness.		- Maintains high state of readiness.		and fo	resight.	
planning/prioritizing,			-	-	limited	ins superior readiness resources.	
achieving mission.	- Fails to get the job done.		- Always gets the job done.	-	- Gets jo expect	bs done carlier and fa	r better than
NOB							

I. Name (Last, Fire						2. Grade/Rate	3. Desig	•			
(2. 01100/1010	J. Dail	•		4. SSN	
PERFORMANCE TRAITS	Ве	1.0* clow Standard	ls	2.0 Pro- gressing		3.0 Meets Standards		4.0 Above Standards		5.0* Greatly Exceeds Sta	andards
8. EADERSHIP: Organizing, motivating and developing others accomplish goals.	subordinates - Fails to orge for subordin - Does not se to command - Lacks ability stress. - Inadequate - Tolerates ha	anize, creates p nates. it or achieve gos i mission. y to cope with o communicator. nzards or unsafe tend to welfare	roblems als relevant or tolerate c practices.	-	develops a Organizes as they oc Sets/achie support cc Performs Ciear, tim Ensures as equipment Routinely	eves useful, realistic gommand mission. well in stressful situs tely communicator. afety of personnel an	problems tools which tions.	-	- Super gets - Lead furth - Persechall - Exce - Makemain - Cons	iring motivator and tra- istently builds winners irb organizer, great for ahead of problems. The irribution of the irribution of the er command mission. Everes through the tou- enges and inspires oth optional communicator es subordinates safety- tains top safety record stantly improves the po- cessional lives of others	resight, ramatically ghest crs. conscious, ramatically
NOB											Г
9. ACTICAL ERFORMANCE: Warfare qualified fficers only) asic and tactical mployment of eapons systems.	expected for - Has difficult or weapons Below other employment - Warfare skil below stands others of sar	lls in specialty a ards compared (rience, reraft yment, and	-	and expect Capably e weapons s warfare kr Warfare al	alifications as requir ted. mploys ship(s), aircr ystems. Equal to oth nowledge and employ kills in specialty equal same rank and experi	aft, or ners in ment.		for n - Innovairen abov and c - Warf othe	qualified at approprisank and experience, varively ethploys ship(aft, or weapons system e others in warfare knemployment. are skills in specialty are of same rank and erience.	s), ns. Well owledge
NOB 0. I recommend scree	experience.										
I. COMMENTS ON	PERFORMANO	CE. * All 5.0 a	and 1.0 marks	must be speci	ifically subst	antiated in comments	. No nume	rical ranking	permitte	ed. Comments must b	e verifiable.
. COMMENTS ON	PERFORMANO, or other highli	CE. * All 5.0 a	and 1.0 marks rohibited. For	must be speci	ifically substror 12 pitch	antiated in comments (10 to 12 point) only	. No nume	rical ranking r and lower	g permitte	d. Comments must b	e verifiable.
EA, CMC, CWO, LD 1. COMMENTS ON old, underlined, italic	PERFORMANO, or other highli	CE. * All 5.0 a	and 1.0 marks rohibited. Fond	must be speci	ifically substror 12 pitch	antiated in comments (10 to 12 point) only	. No nume	rical ranking	g permitte	d. Comments must b	e verifiable.
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. COMMENTS ON Id, underlined, italic	PERFORMANO, or other highli	CE. * All 5.0 a	Progressing	must be specit must be 10	or 12 pitch	t Early	. Use uppe	rical ranking r and lower	case.	d. Comments must b	e verifiable.
Promotion ecommendation	, or other highli	CE. * All 5.0 a ghted type is pr	ohibited. Fon	t must be 10	or 12 pitch	t Early	. Use uppe	r and lower	case.	d. Comments must b	e verifiable.
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Promotion ecommendation INDIVIDUAL SUMMARY	NOB	CE. * All 5.0 a ghted type is pr	ohibited. Fon	t must be 10	or 12 pitch	at Early ote Promote 46. Signature of in performance, and to	44. Repu	orting Senior	Address	this report, been appointed.	rised of my
1. COMMENTS ON old, underlined, italic	NOB	CE. * All 5.0 a ghted type is pr	ohibited. Fon	t must be 10	or 12 pitch	at Early ote Promote 46. Signature of in	44. Repu	orting Senior	Address	this report, been appearent."	rised of my
Promotion ecommendation INDIVIDUAL SUMMARY	NOB	CE. * All 5.0 a ghted type is pr	Progressing Date:	Promotabl	e Mu	st Early ote Promote 46. Signature of in performance, and it I intend to submit a	44. Repu	orting Senior	Address	this report, been appointed.	rised of my
Promotion ecommendation INDIVIDUAL SUMMARY Signature of Repor	NOB	CE. * All 5.0 a ghted type is pr	Progressing Date:	Promotabl	e Mu	st Early ote Promote 46. Signature of in performance, and it I intend to submit a	44. Repu	orting Senior	Address	this report, been appearent."	rised of my